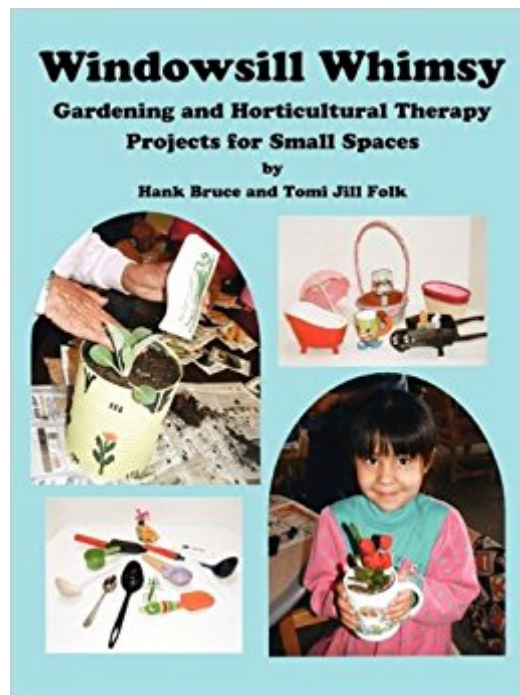




The book was found

Windowsill Whimsy, Gardening & Horticultural Therapy Projects For Small Spaces



Synopsis

This is an idea source for horticultural therapy programs, schools, senior care facilities and individuals of all ages and abilities. These projects and plant related activities range from easy to difficult, and each has a touch of whimsy. The authors explain that whimsy is the counterpoint to the serious work of being human. These projects were designed by professional horticultural therapists to be fun while serving as great physical, mental and social exercises for everyone. Contains four kinds of activities Plant projects with creative activities and care notes accompanying each one. Craft activities range from creating a "Peace Card" to "Turning Your Problems into Compost." Quizzes on everything from garlic to coconuts. These are great conversation starters. Short stories that can be read aloud to a group or individually while waiting for the plants to grow. These are great springboards for discussion. There is also a comprehensive list of both safe and dangerous plants. Teachers, home schoolers, activity professionals, counselors, horticultural therapists, family caregivers and individuals of all ages will find these pages of value. The focus is on empowerment and creativity.

Book Information

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Customer Reviews

Will be fun to use with old and young

Master gardeners and storytellers Tomi Folk and Hank Bruce have given us such a treat! A book filled to the brim with practical tips, fun quizzes, tellable stories, and tried and true activities that can be done by anyone. Although the book is especially aimed at Horticultural Therapists working with

people in institutions such as nursing homes, don't let that keep you from checking it out if that's not your role. I would also recommend it for teachers, activity directors, scout leaders, homeschoolers...about anyone looking for a fun way to dig into the world of plants and the world of the imagination. The book is really written with a good dose of whimsy. Some of the sections include: A Leprechaun's Garden; Composting Your Problems; Oops, There Goes Another Rubber Tree Plant; Tiptoeing Through the Tulips; and Keeping Vampires Off the Window. Each section is easy to read, and has a low level of "fear factor": those directions that make you think "I could never do this!" In case you have read some of those horror stories about "deadly plants" that will kill your grandchild (or your dog), they list in the back of the book "Safe Plants" and "Dangerous Plants" so you can make appropriate choices. I sat right down to read this book as soon as it arrived in the mail. So will you!

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